

Location *

: Lapangan Utama Coach Agam

Physical Fitness Test Date *

: 01-Mar-25

Physical Fitness Test Time *

: -

Temperature *

: -

PLAYER PROFILE

NO REG	AHP-17	
NAME	EXCEL ELRAHMANSYAH RIZAL	
DATE OF BIRTH	-	R A T I N G
AGE (Years)	0	
HEIGHT (cm)		
WEIGHT (kg)		
Body Mass Index (BMI)		
Body Fat Percentage2		
Skeletal Muscle Mass		
Skor MoCA INA		
Jumlah Total Passing		
Passing Sukses		
Passing Gagal		
Jumlah Scaning (per 10 detik)		
Initial Acceleration (0-10m)2		
Acceleration Phase (10-20m)3		
Maximal Speed/ Velocity (20-30m)4		
RAST Test		
Level		
Balikan		
Distance		
Vo2max		