



Location *

Physical Fitness Test Date *

Physical Fitness Test Time *

Temperature *

: Lapangan Utama Coach Agam

: 01-Mar-25

: -

: -

PLAYER PROFILE

NO REG	AHP-01	
NAME	CRISTIANO RONALDO	
DATE OF BIRTH	2/1/1985	R A T I N G
AGE (Years)	41	
HEIGHT (cm)	172	
WEIGHT (kg)	67.8	
Body Mass Index (BMI)	22.92	
Body Fat Percentage2	14.7	
Skeletal Muscle Mass	36.8	
Skor MoCA INA	27	Excellent
Jumlah Total Passing	30	Excellent
Passing Sukses	27	Excellent
Passing Gagal	3	Excellent
Jumlah Scaning (per 10 detik)	6.8	Excellent
Initial Acceleration (0-10m)2	1.71	Good
Acceleration Phase (10-20m)3	2.18	Average
Maximal Speed/ Velocity (20-30m)4	2.89	Poor
RAST Test	7.45	Poor
Level	13	Good
Balikan	6	
Distance	760	Average
Vo2max		